



Your monthly update on WMS News and Events

Chairman's Foreword:

"Well, Covid has finally caught up with us with at least 10 members and their partners proving positive over the last couple of weeks. Thankfully I have not heard of any serious cases and in our normal spirit of getting on with things I am sure we will come out the other side intact.

My thanks to Richard and his team for taking on and dealing with requests from the Sport's Centre and Linden Court. Richard can always do with more helping hands in the workshop so pop in and see him Mondays or Thursdays to see how you can help or offer your skills.

Jeff, John, and team in the computer section have been busy with a change of venue for their storage needs. This shows their hard work and desire to offer a first-class service. They also ask for anyone interested in joining them in the mystifying world of computers on Mondays and Thursdays.

A great big thankyou to Les Waller who stepped up to the plate and performed a great job as treasurer and membership secretary over the last year. He has now stepped down but has done a great job."

Malcolm Trayhorn - Chairman

Editorial:

"Welcome to issue 7 of "THE SHED JOURNAL"

To create and maintain an interesting and varied publication I will need member ideas and contributions. Therefore, if you can think of anything interesting or informative to include on a regular basis i.e., Scams, DIY/Gardening tips, Tradesmen etc. Please feel free to send me your ideas and I will consider them all.

If you come across an interesting article (not too lengthy) then please forward it to me. Members are also welcome and indeed encouraged to contribute small articles themselves (around 250 words with pictures) of days out, holidays, life/work experience, hobbies, a book film/review etc. I'm sure we all have a story to tell.

Should any materialise, I will publish them in order. Political, Financial, Religious articles will be closely scrutinised before publication. Defamatory articles will not be published.

Please advise of any errors/typos and feel free to send me your comments, good or bad. I strive to please. If you prefer not to receive 'The Shed Journal' please let me know by return."

John Chamberlin - Editor - email: bjcoi8@gmail.com





The Shed Journal



Latest News on Shed Facilities and Amenities:

Main Social Room:

"The Main Social Room is where the larger part of our membership congregates to catch up with fellow shedders over a cup of tea/coffee. Groups develop for a game of cards, dominoes, or such like although this is not all that goes on. Other groups may sit chatting about whatever comes up or perhaps read a magazine. All are a friendly bunch and welcome other members to join in the conversation and banter.

After signing in, the Computer and Workshop shedders will drift off to the outbuilding to take up their interests.

Members are reminded that it is important to come to the social room first to sign in and out."

John Chamberlin – Editor

The Carpentry Workshop:

"Not a lot to report this month, things are ticking over steadily with some regular members attending each week to either do their own work or help with various small jobs in the workshop itself. We are now underway with making up the two special planters for Linden court, thanks to Robin Gorham who donated a quantity of wood from his woodyard near Hingham without which we could not have made a start, it now only remains for us to locate some 3" x 3" square timber for the planter legs and we should be ready to assemble all the parts to complete the job. We now have a qualified Wood Turner within our membership who has offered to give lessons to any interested members, interested? Pop in and see me in the workshop for more information."

Richard Adams – Workshop Manager - 01953 881004 (enquiries)

The Computer Room:

"Well, would you believe it we are moving, say it's time to go back? If we go back 2 to 3 weeks ago, I was informed that Bet Fred's in the high street, Watton are closing on the March 5th, 2022, and all the surplus Computers items would need to be removed on or before that date. So, with this in mind a small group of WMS members from the computer group, started to remove the items, 3 Van Loads and one car, the team manage to complete the task.

Then maybe 2 to 3 days ago I received a phone from John Bunning, giving me some good news, that there has been a change of plan, and all the surplus equipment can be moved back to where it was, yes, you have guessed it, Bet Fred's. It turns out that the Company are still paying for the lease until the end of the year, so as long as we pay towards the insurance of the storage building, we can continue to use the area until at least the end of the year.

So good news, as we have 6 weeks left at the new storage (soon to become old) area, we plan to move back the items slowly but surely, this time. So not to worry my fellow Shedders, it's only the Computer Surplus items that are moving. The Computer Group will be here to help you, to the best of our ability.

Easy Fundraising

To help your Shed even more, consider looking at how you can raise funds using this idea. It costs you nothing, just make an online purchase from over 4500+ retailers, and they will send a small donation to Wayland Men's Shed.

Don't miss next Month's WMS Journal; I shall be giving you an in-depth view of the Computer Group.

Till the next one"

Jeff Heath - Computer Group Supervisor - email: jefferyheath2017@yahoo.com





The Shed Journal



Trivia, Quiz & Puzzle corner:

March in history:

44 B.C. - Julius Caesar assassinated in the Senate by Brutus and fellow conspirators. "Et tu, Brute?"
 1807 - The British Parliament abolish the slave trade in the British Empire.
 1880 - The Salvation Army was founded in London by William Booth.
 1977 - Two Boeing 747 collide on the ground in the Canaries, 570 deaths, the largest in aviation history.
 1946 - Winston Churchill's "Iron Curtain" speech delivered in Fulton, Missouri, USA.

March born into glory or infamy:

1733 - Joseph Priestly - Scientist, chemist, and clergyman. In 1774 he discovered 'dephlogisticated air' (oxygen).
 1847 - Alexander Graham Bell - Telephone inventor. First call in 1876 "Mister Watson, come here, I want you."
 1848 - Wyatt Berry Stapp Earp - Legendary Wild West lawman and gambler of O.K Coral gunfight fame.
 1879 - Albert Einstein - Physicist. His theory of relativity led to new thinking about time, space, matter, & energy.
 1906 - Otto Adolf Eichmann - SS-Obersturmbannführer and one of the major organisers of the Holocaust.

Joke

What do you call a dinosaur with a sight impediment?

Puzzle

If you had a 5-litre bowl and a 3-litre bowl, and an unlimited access to water, how would you measure exactly 4 litres?

Quote

It is enough that the people know there was an election. The people who cast the votes decide nothing. The people who count the votes decide everything...
Joseph Stalin

Proverb

Fool me once, shame on you; fool me twice, shame on me.

The Six W's Quiz

Where

would you be if you could see this statue



Who

was on the throne of Great Britain during the French Revolutionary and Napoleonic Wars (c. 1792-1815)?

Which

two wonders of the ancient world are missing? Taj Mahal - Colosseum - Petra Chichen Itza - Machu Picchu.

When

was 'Constantinople' renamed 'Istanbul'?

What

sport would you be playing if you scored a 'Turkey', a '4 Bagger' or a '5 Bagger'?

Why

are the man 'Pheidippides' and word 'Marathon' linked in history.



Last thoughts:

That's odd: Give the odd one out:
 Red, orange, green, brown, blue

Line up: Give the next in line:
 Jeroboam, Methuselah, Salmanazar

MIA: Give the missing item:
 Philby, Blunt, ? , Maclean

"Answers are shown on the last page" [John Chamberlin](#) - Editor





Member groups:

The Shutterists:

"We are a group of Shedders (The Shutterists), and we meet about once a month. Spring is upon us, and we will be planning more outings. As a reminder to all Shedders, the WMS Shutterists are predominantly an 'Artistic Group', however cameras / pencils / paints are not a pre-requisite for trips out. We allow all camera types, DSLR, Compacts, Mirrorless, Film, Phones, Pin Hole, Box Brownie, etc. It is generally a good walk in beautiful East Anglia, maybe with the odd coffee, beer, wine, lunch, dinner thrown in for goodwill.

The Shutterists continually seek fellow Shedders to join our small and active group and you are very welcome to come along. We are a friendly bunch with loads of banter as some of you might hear during Mondays at the Sports Centre. Nothing is too serious in our group, and you can rest assured that a warm welcome will be waiting for all you artists out in the Shed who may now consider joining 'The Shutterists / Creative Souls Ensemble'."

... and then there were 9!

The Shutterists welcome another new member, Dave Haylock, who recently joined the Shed. Dave is an accomplished photographer, with a particular bent for wildlife, and I am sure he will become a valuable sounding board to all of us striving to take that perfect once in a lifetime 'Wildlife' shot. Dave moved to Watton last September, from Hertfordshire, and is working hard to get his new house the way he wants it to be. Dave will be accepting the 52 Week Challenge and is looking forward to joining in within the next few months.

Interested? Contact [Stewart Haile](#) - Shutterist's group lead - 07775 694099 - email: shaile33@aol.com

The Photo Walk:

The were NO photo walks in February. However, now the weather is improving I'm sure that the intrepid group will soon be out and about on their travels very soon.

The 52 Week Capture Challenge (Weeks 5- 8):

The members of the photographic cohort have now progressed to week 8 of their 2022 challenge. Here are the winners of the Terry Knight Photo Memorial Certificate from recent weeks:



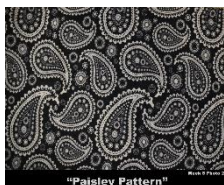
Week 5 - **'Window Light'**
'Sunset Through the Windscreen'
Neil Rowe



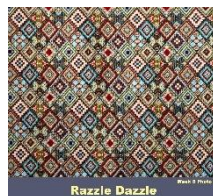
Week 6 - **'Emotion Without a Face'**
'Dark Mood'
Steve Franz



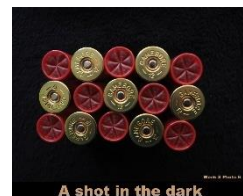
Week 7 - **'Love'**
'A Token of Love'
Steve Franz



Week 8
'Patterns and Repetitions'
'Paisley Pattern'
Graham Hail



Week 8
'Patterns and Repetitions'
'Razzle Dazzle'
Malcolm Trayhorn



Week 8
'Patterns and Repetitions'
'A Shot in the Dark'
Neil Rowe



The Shed Journal



The Music Club:

“The Music Club convened on the 2nd of March in its new venue; namely, the back room next to the Bar. Thanks to the support of the WMS Committee, the ten ‘Shedders present were able to enjoy music whilst sitting on sofas and easy chairs. Each club member was invited to play a track of their choice for the others to appreciate. After it was played each track was briefly discussed and then scored by each member according to how much they liked it. The top five most popular on the day were as follows:

1. ‘Jerusalem’ as sung by the Fron Male Voice Choir (63 votes)
- 2= ‘Barcelona’ – Freddie Mercury & Monserrat Caballé (62 votes)
- 2= ‘I Can’t Get Started’ – Julian Cannonball Adderley (62 Votes)
- 3 ‘Gin House Blues’ – Eric Clapton (60 votes)
4. ‘Nessun Dorma’ - Jeff Beck (58 votes)

As can be seen the music played reflected a wide range of genres and personal tastes. This is in keeping with the very essence of the Music Club in that it encourages members to appreciate music that they might not otherwise have listened to.

The Club is open to all Shed Members to either bring along their own tracks to play or just to listen to the selections of others. All genres of music are welcome although selections should not last for more than 5 minutes to enable a goodly selection to be played in one session. Exerts from longer pieces can be played. We can cope with tracks on CD, internet, or memory stick although we can’t play vinyl records at present.

It is hoped that the Music Club will meet on a monthly basis throughout the year – normally the first Wednesday in the month and starting as soon as possible after 10 o’clock. The next listening session will be on 6 April 22, in the back room off the Bar (the door next to the pool table). There are no additional charges other than the usual £2 Shed sub payable in the usual social room.

If you are interested in coming to the Music Club or just want more information you can contact me by email or say ‘Hello’ next time you see me in the shed social room on a Monday morning. Alternatively, just turn up at the next meeting – you will be made most welcome. “

Interested? Contact [Nigel Potter](mailto:Nigel.Potter@shedjournal.com) – Music club lead - email: silveralto@gmail.com

Editor’s note on groups:

Do you have an idea for a similar group? For example: A walking group, book club, card school, a common hobby or perhaps a lunch club then please email me the idea - bjcoi8@gmail.com and I will publish it here.

Such groups will be supported by the Committee but arranged and run solely by the interested members.

N.B.: A group does not have to be several members; you may just find one other like-minded individual to start with and others may well join you later.



Social programme:

Our social secretary, Malcolm Trayhorn is very adept at organising an excellent programme of events throughout the year. The fact that many of these are oversubscribed is a testament to their popularity.

I’m certain however, that Malcolm would greatly appreciate suggestions and ideas for future events and outings from the membership, so please put your thinking caps on.

[Malcolm Trayhorn](mailto:Malcolm.Trayhorn@shedjournal.com) - 01953 529531 - email: malcolm.trayhorn@gmail.com

Please keep an eye open for the event notices posted on the Shed noticeboard and be sure to make your booking & reservation in good time to help with organisation and to avoid disappointment.



Are you ready chaps, the Malcolm Trayhorn Trip Bonanza starts here:

Upcoming WMS Social Events & Outings:

Social Calendar: **Main details shown below the table.**

Event	Date	Venue	Time	Cost (Subject to variation)
Yarmouth Dogs	Wednesday 29 th April	Cromer		£11 ph. + £13.50 coach approx.
Cromer Pier Show	Friday 22 nd July	Yarmouth		£22 ph. + £13.50 coach approx.
Afternoon Tea Train	Thursday 18 th August	Dereham		£31 Car sharing from Queens CP
Ten Pin Bowling TBA	Various dates	Dereham	12:30	£8 ph. Car sharing from Queens CP
Fakenham Races TBA	Sunday 22 nd May	Fakenham		£17.50 + £15 coach approx.

Ten Pin Bowling at Strikes in Dereham

Thursday 31st March, Thursday 28th April & Thursday 30th June

Car sharing from Queens Hall car park leaving at 12.30pm

Includes 2 games of bowling plus a break after first game for light refreshments

£7.95 per person (providing over 50)

Other dates can be added is sufficient interest and support.

I have 17 people expressing an interest so far.

Yarmouth Dogs

Wednesday 20th April

Raceview restaurant offers a full table service; your meal, drinks and Tote bets are served at your table, so you can relax and enjoy your evening.

from £11.99 pp

Coach for 16 people would be £20 per person. Coach for 29 people would be £13.80

I have 11 people expressing an interest so far.

Cromer Pier Show

Friday 22nd July

A matinee performance of the summer end of pier show (14.30 performance)

Tickets £22

Coach approx.£13.50 (Depends on numbers)

Unfortunately Tides Restaurant no longer take advance block bookings so either take your own picnic or find a chippie for your Fish & Chips etc. (cuts down on costs!)

I have 26 people expressing an interest so far.

Fakenham Races

Sunday 22nd May, Ladies Day

Grandstand and Paddock £17.50

Coach £15 (Depending on numbers)

I have 13 people expressing an interest so far.

Mid Norfolk Railway Thursday 18th August

The fully inclusive price for high tea is £31 per person (this includes the train fare and catering)

Fresh finger sandwiches, locally baked scones and a selection of delicious cakes are all served up on elegant three-tier stands by smartly attired staff during the scenic 22-mile round trip journey through the Mid-Norfolk countryside.

The ticket price includes food and drink served at your reserved seat aboard The Heart of Norfolk (time to be confirmed) train service from Dereham to Wymondham Abbey returning by (time to be confirmed), your ticket also allows you all-day travel, Car sharing from Queens Hall car park leaving at time to be confirmed.

I have 26 people expressing an interest so far.



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Thanks to all those who have already passed me their names. Should you wish to join any of these outings please let me know soonest."

Malcolm Trayhorn - Social Secretary

Pictures please

"Not everyone is able to attend these events and pictures can portray the experience to other members. If you have any photographs taken whilst out on WMS trips and attending events organised by Malcolm Trayhorn, please forward them to him for possible publication either here or on our website."

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com



Other News, Notices, Events & Interesting Articles:

Linden Court (Member Appeal)

WMS has agreed to help Linden Court tidy-up their patio area and refurbish the raised planters and flowering tubes for the enjoyment of residents. The workshop team have also agreed to make two additional raised planters. This exercise will entail the need for numerous summer flowering bedding plants in late April/early May, hence should WMS members have any spare plants available would they kindly contact:

Jezz Hookham (01953 881808 or jezzhookham@btinternet.com) **prior to 7th May or after 21st**

Examples of ideal varieties could be:

French Marigolds, Bedding Begonias, Petunias, Dwarf Tobacco, Aubrie, Snapdragons, Summer Pansies etc. Ideally varieties that do not grow too tall.

Jezz is also looking for a bit of help with this project and would appreciate a couple of volunteers or so. It is a straightforward task and one morning should see the job done and dusted.



***** 'Adobe Photoshop / Lightroom / Elements' *****

Have you wondered about the magic of Photoshop?

Bob Darts will present 'Using Adobe Photoshop / Lightroom / Elements' to enhance with minor adjustments images chosen from previous entries from the WMS Shutterists.

The presentation will show how 'software' can be used by making slight postproduction adjustments in the computer to bring more out of your images.

The event will be run at the Sports Centre, one Monday evening in late March.

Note: This event is not limited to just the 'Shutterists', other members may attend.

WMS Website:

Please be advised that the Men's Shed Website has now been moved. The new address is:

www.waylandmensshed.co.uk. The old .com website will continue to work until the domain registration runs out in March or soon thereafter. Members are encouraged to visit the new site and have a look at the improved format. The site is undergoing a full overhaul and is functional but not yet complete. Constructive comments, good or bad are welcome.



The Shed Journal



RSPCA

Before Christmas we had a request from a contact at the RSPCA to renovate and repair a charity collection box. This work was completed in February and the collection box returned.



As a result, they are now utilising the collection box outside their premises in Norwich. They must have been satisfied with the work as we now have a second box to restore.

Our contact at the RSPCA is Kate Morgan, who is the Head of income generation for this region. If any member should wish to donate items for their charity shops, Kate is happy to collect it. If you have items that you wish to offload and are happy to support the RSPCA please let Malcolm know and he will arrange collection.



Stay safe online – Avoid being a victim:

The following is the advice of a very good friend of mine, Mr Terry Skinner. Terry is an expert in his field and has worked extensively with the Police, Armed Forces and Business as cyber security consultant. Many of these points are so obvious but do we all follow them all, all of the time, I doubt it. A timely reminder to us all.

- Don't make yourself a target, keep a low profile, and keep information on social media about yourself to an absolute minimum, take the threats seriously and protect your Identity.
- Don't put any embarrassing information, photos, messages, or facts about yourself on any website, things that you could later come to regret, or end up looking stupid.
- Don't put the details of what you are doing, where you are going, or if you are going away from home on any social media sites.
- Don't respond to, reply, or click on anything you get sent which is suspicious. By replying you acknowledge that you are there, and you could get malware sent to your computer or device, for later attacks against you.
- Questions to ask yourself when you get ANY messages or emails:
 - Do you know the person or organisation who sent it?
 - Were you expecting it?
 - Does it look real?
 - Are there spelling mistakes or poor English?
 - Is it asking for confidential information?
 - Unless you are sure that you can really trust it, do not open or click on any attachments or web links contained within it.
- When browsing web sites on the internet, beware of items or links that you can click-on, and never download anything from websites that are suspect, are new to you, or which you were not expecting.
- Ignore ALL pop-up windows or messages from the Internet saying that your computer might be infected, there is no way that anyone can tell that remotely, it is a scam.
- Make sure your anti-virus software is up to date on your computer or device and back-up your personal data regularly to a removeable disk/device.
- Never pay any ransom if you are attacked, seek help from an IT professional immediately and do report it to the police. There is little or no chance you will ever get your computer or data restored even if you do pay, and you will never get your money back!
- NEVER let anyone, whoever they say they have remote access to your computer, it is a scam.
- No genuine telecom, internet or software company will ever call you about security.
- Have good quality, easy to remember, but secure passwords and protect them. Use words that mean something personal to you, but are not obvious, and could never be associated with you, or your immediate family.
- As regards avoiding Scammers, the footnote is to use your common sense! Remember there is nothing for free, any apps that let you use free services means your personal information and your ID which you give them, is being sold to advertisers and mailing lists which scammers can also get hold of.

Submitted by [John Chamberlin](#)



The Shed Journal



Business, Administration & Housekeeping matters:

Shed Opening Times:

Social Room and Workshop - Mondays and Wednesdays 0900 till 1200.
Computer Room - Mondays and Thursdays 0900 till 1200.

Housekeeping:

Please assist other members and the committee by keeping the Shed tidy and helping with general chores.

Committee appointment:

“My thanks go to Les Waller, the outgoing Treasurer/Membership Secretary for his steadfast time at the helm of the shed finances. He did a sterling job and handed over the books in impeccable order, well done Les. I would also like to thank the committee for having the confidence to co-opt me to take on these roles.”

John Chamberlin

Treasurers Report:

“Shed funds remain strong. With regular income from your attendance, we continually maintain our strong position. Additional funds from the Tech team and Malcolm’s quiz night bolster the coffers nicely.”

John Chamberlin – Treasurer

Memberships Report:

“Memberships now stand at around 65 with 2/3rds of these members attending regularly. The word is out that the Men’s Shed is THE place to be. “

John Chamberlin – Memberships Secretary

Committee meeting:

Next committee meeting is on Wednesday 6th April at 3pm in the Social Club Room.

Should any member wish to submit an item for discussion by the Committee please email your request direct to the Chairman (*Malcolm Trayhorn* - email: malcolm.trayhorn@gmail.com)

The meeting welcomes 'observers' from the membership, they can submit questions to the secretary no later than Thursday 31st March. *Stewart Haile* - email: shaile33@aol.com

Your committee:

Malcolm Trayhorn: Chairman, Social Sec & Press	Gordon Williams: Vice Chairman	John Bunning: Committee member
Stuart Haile: Secretary	Richard Adams: Workshop & Liaison	Bob Cremers: Committee member
John Chamberlin: Treasurer & Memberships	Jeffrey Heath: Tech supervisor	Alan Divers: Committee member

Health & Safety:

It is important that we know how many members are in attendance at all times. Please ensure that you visit the Main Hall to sign-in, do not just go to the Workshop/Computer rooms. Also please remember to sign-out.

All members have a duty of care for themselves and others whilst on the premises. Should you become aware of any issues please ensure that you inform a committee member at once. All accidents and Incidents should be recorded in the ledgers provided.

Wanted, For Sale & Free Notices:

Do you have an item for sale, for free or are you looking for something in particular? Please feel free to email the editor - bjcoi8@gmail.com with a price, picture, and brief description of the item along with your contact details. I shall endeavour to list the item here.

Note: All transactions are **strictly** between two parties. WMS does **not** endorse or guarantee any items sold.



Solutions

Joke: A 'Do you think he saw us' 😂😂😂

Puzzle: Fill the 5-litre bowl & pour it into the 3-litre bowl, tip it away. Pour the remaining 2 litres into the 3-litre bowl. Refill the 5-litre bowl and top up the 3-litre bowl (with 1 litre). This leaves 4 required litres in the 5-litre bowl

Who? George III ('George William Frederick') 1760 - 1820.

What? Ten Pin Bowling. A 'Turkey' is 3 strikes in a row, a '4 Badger' is 4 strikes in a row and a '5 Badger' is 5.

Where? Rio de Janeiro, Brazil.

Why? 'Pheidippides' was the messenger who ran the 26.2 miles from 'Marathon' to 'Athens' with news of the Athenians victory over the Persians in 490 BC.

When? 1930. 'Constantinople' was named after the Roman Emperor 'Constantine'. Istanbul means 'The City'

Which? Great Wall of China & Christ the Redeemer.

That's odd: Brown, the other four of the seven colours of the rainbow.

Next in line: 'Balthazar', they are Champagne bottle sizes.

MIA: Burgess. The Cambridge Spy Ring (The Cambridge Four c.1930-1950s).

Please visit our website: www.waylandmensshed.co.uk which is regularly updated.
You can also contact us via email: waylandmensshed@gmail.com

If you wish to make a compliment, complaint, or comment, please feel free to do so. Without constructive feedback it is very difficult for the WMS Committee to know if they are meeting member's expectations.

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