



Issue 38

October 2024

Your monthly update on WMS News and Events

Chairman's Foreword:

"Our illustrious Chairman is currently cruising the waves of the American east coast. I'm sure he will return from his epic journey with many tales of his exploits. Watch this space for his next report."

Malcolm Trayhorn - Chairman - email: malcolm.trayhorn@gmail.com

Editorial:

Welcome to issue 38 of "THE SHED JOURNAL"

"Members are welcome and indeed encouraged to contribute articles about themselves (with or without pictures) of days out, holidays, life/work experience, hobbies etc. I'm sure we all have a story to tell, once you start writing it will flow.

Also, if you come across an interesting article, please send it to me or point me to it or if you hear of anything interesting or informative to include i.e., Scams, DIY/Gardening tips, a film, book, magazine or music review, a good TV or radio station then please feel free to send me details and I will consider them all. The more of you who contribute the more interesting and diverse we can make it."

Note: *"Political, Financial and Religious articles will be closely scrutinised before publication. However, defamatory articles will not be published."*

"Please advise of any errors/typos and feel free to send me your comments, good or bad. I strive to please."

John Chamberlin - Editor - email: bjcoi8@gmail.com





Latest News on Shed Facilities and Amenities:

Main Social Room:

“The Main Social Room is where the larger part of our membership congregates to catch up with fellow shedders over a cup of tea/coffee. Groups develop for a game of something or other although that is far from what’s actually on offer. Other groups sit and chat about whatever comes up, the news, holidays, home, hobbies, family etc. All are a friendly bunch and welcome other members to join in the conversation and banter.”

Remember that we have a trolley containing a variety of Books, DVDs, and CDs in the social room. Please feel free to help yourself, these can either be kept or returned.

Members are politely reminded of the importance of coming to the social room to sign in.

John Chamberlin – Editor

The Carpentry Workshop:

“The woodwork shop continues to develop. Rob Fielding and his team of 4 or 5 regulars are doing a wonderful job and enjoying themselves in the process.

Just take yourself out there to see what’s on offer, you might be very surprised. Who knows, you may well come away with new skills or pass your own skills on to others.”

John Chamberlin – Editor

The Computer Room:

“I hope I find you all fit and well. I’m happy to say the computer team are doing fine and are busy as always, still dismantling, repairing, selling computers, printers, etc. If you are looking for a printer, come along and speak to John Bunning, he has printers ready for sale.

I would like to mention that the dismantling side the computer team are doing very well, John Bunning and I went on a scrap run and had some very pleasing results, so it’s a big hats off to the team.

If you are looking to buy a computer speak to either Nick Clare or Eric Bloom on a Monday meeting, as I am only attending on a Thursday for the time being. At the moment we are repairing desktop or laptop computers and installing either Windows 10 or Linux operating systems, to give you a choice.

If you like the idea of working with Computers and learning a little more come along on a Monday or Thursday, you are always welcome, you don’t need to have any experience, but if you have, all the better.

Now with the winter months coming, why don’t you visit the WMS website and have a look at the activities available visit the computer group page and check out the Videos I made to give you an insight into Computers, hope they are helpful. Until the next time”

Jeff Heath - Computer Group Supervisor - email: jefferyheath2017@yahoo.com

Tech room note:

The computer group has a selection of laptop computers and printers for sale. All at favourable prices to members, these are available to view and try out in the computer workshop - *Eric Bloom*





The Shed Journal



Shed Journal Quiz:

The Journal will contain just a themed quiz from this point on. I build every quiz from scratch (I do not download them). Should you have any suggestions on subject then please let me know.

IN WHAT YEAR?	
1	Pound note <u>finally</u> withdrawn from circulation
2	Food rationing in Britain ended
3	Death of Sir Winston Churchill
4	Decimal currency was introduced (Decimal Day)
5	Assassination of President Kennedy
6	UK drink driving law passed
7	Falkland's War begins
8	Great Exhibition
9	Brighton hotel bombing during the Conservative Party Conference
10	Labour Party founded
11	Martin Luther King Jr. made his 'I Have a Dream' speech
12	Gunpowder Plot
13	Original Woodstock Festival
14	Maradona's 'Hand of God' incident
15	Lord Lucan disappeared
16	Battleship Bismarck sunk
17	Death of Queen Elizabeth I
18	Howard Carter discovers Tutankhamun's tomb
19	Great Fire of London
20	Margaret Thatcher became Prime Minister
21	Battle of Trafalgar
22	Hillary and Sherpa Tenzing reached the summit of Mount Everest
23	Royal Air Force formed
24	First UK ATM unveiled
25	Mousetrap stage play's first performance





The Shed Journal



Social programme:

Our Social Secretary is very adept at organising an excellent programme of events. Malcolm is, however, open to suggestions and ideas, so please put your thinking caps on. Suggestions to Malcolm please.

Recent events:

There have been no recent events to report on.

Upcoming Social Calendar:

The social calendar is now winding down for the year. Malcolm will as always fire it up with gusto in 2025.

Event	Date	Venue	Time	Estimated cost
Thursford Spectacular	Wednesday 4 th December	Thursford – coach	TBC	£60 per head Now closed
Shed Christmas Meal	Thursday 12 th December	Broom Hall – Meet there	TBC	£30 per head
Shed Mulled Wine & Mince Pie	Monday 16th December???	Bowls Room	TBC	FREE

Thursford Christmas Spectacular: Wednesday 4th December

“For those booked, thanks to those who have paid and now ask anyone who still hasn’t given a deposit at least to myself. Payment can be made by cash or cheque payable to ‘Wayland Men’s Shed’, or bank transfer to Wayland Men’s Shed - Sort code 30-98-90 Account 16989360 ref “Thursford”.

Christmas Meal: Thursday 12th December

“Our Christmas meal this year at Broom Hall on Thursday 12th December. There is a list on the notice board so please put your name down if you wish to come. A copy of the menu is also on the notice board so you can write down your choices. Cost is £30 for a 3-course meal. I am now taking money for this event. Payment can be made by cash, cheque payable to ‘Wayland Men’s Shed’, or bank transfer to “Wayland Men’s Shed” - Sort code 30-98-90 Account 16989360 ref “Christmas Meal”.”

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com

Treasurers note:

May I respectfully request that when you pay by BACS that you use the correct reference, i.e. ‘Cromer Pier, ‘Thursford’, ‘Xmas Meal’ etc.

Also, if you are paying for more than one event at the same time, could you please use a separate BACS transfer for each individual event.

This would help me to clearly identify each transaction.





The Shed Journal



Member groups:

Editor's note on groups:

"Do you have an idea for a similar group? For example: A walking group, a book or cycling club, games group, maybe a common hobby or interest then please email the idea to Malcolm - malcolm.trayhorn@gmail.com. Such groups will be fully supported by the committee but arranged and run solely by the interested members."

Note: *"A group does not have to be several members; you may just find one other like-minded individual to start with and others may well join you later."*

Shanties at the Shed:

"The Shantymen continue with their twice monthly rehearsals, readying themselves for the call for more performances. Nigel will update the membership with details when these materialise."

Interested? Contact [Nigel Potter](mailto:Nigel.Potter@gmail.com) – Shanty group lead - email: silveralto@gmail.com

The Music Club:

"The Music club was held in the spacious if cool Badminton court this month, due to a foul up over bookings. There were 18 attendees again, so the group continues to be very popular. This month's theme was "In the Dentist's waiting room" which brought forth a wide range of different pieces, from restful and quiet through to some noisier songs. There was even a video presentation (the first for the group?) of the last song, which coincidentally had a video based on a trip to the dentist. Unlike last month's fun, there was no singing though....

We had a tie at the top for the second month on the trot, which was again well deserved. As we had a few latecomers, the scores are back to averages this month The top tracks of the day were:

- =1st "Money Money Money" by Abba which scored 7.24*
- =1st "Long John Blues" by Dinah Washington also on 7.24*
- 3rd "We Gotta Get Out of This Place" by The Animals on 7.06*
- 4th "From A Distance" by Bette Midler on 6.94*
- 5th "We Have All the Time in The World" by Louis Armstrong on 6.92*

The discussion on next year's themes was postponed until next month due to not all members getting their ideas in in time.

*Next month's meeting is on **Wednesday November 6th** where the theme is "**In the Country**".*

We always have a good time and lots of good-natured chat, so if you enjoy music of any kind why not come along? You don't even have to bring along something to play if you don't want to, as you are more than welcome to just come and listen to our many and varied selections.

Please don't forget to sign in and pay the usual £2 session fee."

Interested? Contact [Dave Cooper](mailto:Dave.Cooper@gmail.com) – Music club lead - email: dwanddrc@gmail.com



The Shutterists:

"The "Shutterists Group" are a friendly bunch of Shedders who are keen photographers with an un-written objective of doing it "FOR FUN" and combing it with the "LOVE OF A GOOD WALK."



The group's focus is;

1. Monthly Group outings to photogenic places within East Anglia.
2. Learning and improving our own camera handling.
3. Learning to 'enhance our photographs' with minor adjustments in Photoshop.
4. Taking part in a monthly Photograph Challenge.

Shutterist Group members all use camera types, DSLR, Compacts, Mirrorless, Film, Phones, Pin Hole, Box Brownie, etc... However, even though we are predominantly a Photographic Group, cameras are not a pre-requisite for trips out and warmly welcome all fellow members of WMS to enjoy our planned visits. For example, one of our keen members is more into Art, than photography, and will attend outings with his charcoal and sketch pad.

Shutterists August foray to Wells Next the Sea Harbour:

"It was a cloudy overcast sort of day as the 3 friends set off for the monthly meeting of the infamous "Shutterist's" group. This time there would be only 3 of our group partaking as for some reason the others had all decided that holidays where required!

No matter, into the wilds of Norfolk we went, first the driver John collecting Grahame and then finding Mark, (a 4th member wanted to be there but unfortunately an ailment prevented him). After some 40 minutes we reached the small town of Wells Next to the Sea. The weather, to say the least was blowy, cloudy, and scattered rain, so in true fashion we headed straight into "The Maltings" for a restorative coffee.

After that, a plan was formulated and we wandered to the beach to be hit by forceful wind and rain. We wandered along the path greeting visitors and locals alike with a merry "Hello what lovely weather" which seemed to bring joy and laughter to all. At one point the rain came again and John assisted Mark with the application of the cape, an impressive garment (we chuckled).

We finally reached the Beach Cafe where we partook of another coffee, the roaring fire and chatter between us. The rain finally eased then stopped as we proceeded to the beach huts where we managed to take some photos. With the wind and sand blasting us we then made our way back into the town through another shower.

We alighted at Plattens Fish and Chip hostelry where a fine meal and Ale were had. After some fiddling with my camera, we decided to wander the quay area then retrace our steps to home. Of course, by this time the clouds had cleared, and we arrived home to sun, but all in all a great day was had by all. What one might call "A right Larf"

The winning photos are shown on page 7:

Submitted by – [Grahame Andrews](#)

If you would like to join us on this or any of our ventures, you'll be more than welcome. You don't even need to own a camera, just come along for the stroll, and enjoy the company of a group of members who have been described as "Just like the characters in "Last of the Summer Wine" ... but on steroids!!!

Interested? Contact me either at the Shed on a Monday morning or:

[Bob Darts](#) – Shutterists Photo Walk lead - 07825 756481 – email: robdarts@gmail.com



GOLD

“Sea Horse”



SILVER

“Weather Went Through”



BRONZE

“No Sun, No People.”






The Shed Journal



Shutterists 2024 monthly challenge:

“For this year’s monthly challenge, we are heading to the movies. Each month a film title will be provided to function as inspiration. You are welcome to enter both a colour and a black and white image and entries are welcome in all artistic mediums (Photo, Sketch, Painting etc). We’re still waiting for our first pottery entry.”



Wayland Men’s Shed
Shutterist 2024
Monthly Photography Challenge
‘Year at the Movies’

“The film for September was **”Animal Farm”** The winning pictures were as follows:-“

GOLD

“Highland Coiffure”

Gold Award: Shot by
John Ford



JOINT SILVER

“Sea Lions”

Silver Award: Shot by
John Pepper

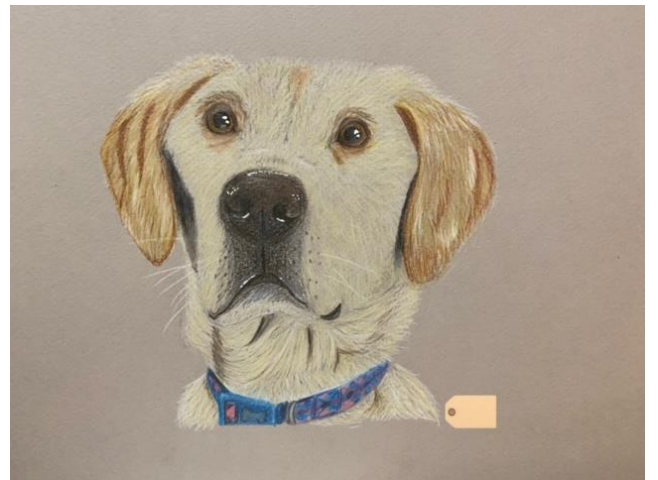




JOINT SILVER

“Labrador Retriever,
Pencil on paper”

Bronze award: Shot by
Wayne Rutter



BRONZE

“Flight Delay”

Bronze award: Shot by
Graeme Hale



OCTOBER PHOTO CHALLENGE ‘Planes, Trains and Automobiles’

September’s Movie is ‘*Planes, Trains and Automobiles*’ closing date 29th October.

“Any questions please don’t hesitate to drop me an email.
wayne.rutter.1979@hotmail.com

Happy snapping (or creating).”

[Wayne Rutter](#) – Shutterists Monthly Challenge lead
email: wayne.rutter.1979@hotmail.com

Shutterist 2024
Monthly Challenge
**‘A Year At The Movies’
October**
‘Planes, Trains and Automobiles’
Closing date 29th October





Other News, Notices, Events & Interesting Articles:

Pancreatic Cancer Walk:



Steve Worth, one of our Shed members is taking part in a 31 mile walk in aid of Pancreatic Cancer during October. Steve is canvassing for donations for Pancreatic Cancer UK.

Any member wishing to sponsor Steve then please contact him directly. His email is misterworth@yahoo.com. Steve will then tell you how you can contribute.

Watton Events 2024:

Sunday 20 th October	Sports Centre Autumn Fair
Saturday 26 th October	Fireworks Display– Showground, Brandon Road
Sunday 10 th November	Remembrance Sunday – Memorial Car Park
Sunday 24 th November	Watton Festive Market – High Street

If any member knows or becomes aware of any events in the Breckland area, please let me know.

John Chamberlin - email: bjcoi8@gmail.com

Let's Park that idea shall we:

Car parking charges are set to be introduced in five Norfolk market towns for the first time.

Users of 30 council car parks in Attleborough, Dereham, Swaffham, Thetford and Watton will have to pay for parking by autumn 2025.

Breckland said that ongoing budget pressures were forcing it to find alternative measures to pay the current bill for upkeep of the car parks, which amounts to £450,000 a year.

Each market town would have one car park offering the first hour's parking for free, with tariffs between 50p and £1 for the first chargeable hour across the district. The cost will then increase by about 40p per hour.

The cost to park for an entire day would range from £2.50 in Watton to £3.80 in Thetford. Charges would be enforced from Monday to Saturday between 8am and 6pm, with a flat fee of £1.20 for Sundays.

The council will allow free parking to be offered during a select number of days for each town to support local events on an annual basis.

News Flash:

Just in case any of you had not heard, what was the old **“Wayland News”** is now being published once again. Its new title is the **“Watton and Wayland Times”** Each issue is due for publication on or around the 15th of each month, copies can be collected at ‘Adcocks’ and at several other locations. Julian Horne is a very dedicated editor and is exceptionally good at what he does.



The Shed Journal



What3words?

Every 3m by 3m in the world now has a 3-word address, this is the simplest way to communicate that precise location in an emergency. Emergency services across the UK are now using 3-word addresses to easily find and share locations in emergencies.

What3words has already been used to locate a hostage who didn't know where they were, respond to rural road accidents and locate a lost child.

Emergencies can happen anywhere, from a broken-down vehicle to a major natural disaster. A 3-word address can tell us a precise location anywhere in the world. This supports response teams in coordinating their operations.

With the geographical area we live and work in, this app could speed up how quickly help arrives when it's needed most. This can make the difference between life and death.

Submitted by – [Steve Worth](#)



Watton & District u3a

Joining your local u3a is a great way to find and develop new interests and make friends in a relaxed environment.

Reasons to join:

- Make a difference, stay active, keep learning, and have fun.
- Get out to meet face to face – learning together and making the most of life.
- Access to online learning, training, and resources to inspire you. Members can attend learning events and talks for free.
- Meet other people with similar interests: learn new things and share your skills.

Our monthly meetings are held in the Methodist Centre, High Street, Watton, IP25 6AB (next to the Methodist Church), from 2pm to 4pm on the 4th Thursday of Every Month (Doors open at 1.45pm). We have monthly speakers and end the afternoon with tea, biscuits, and an opportunity to chat. Visitors are always welcome at our meetings, why not come along and check us out, or contact our membership secretary, Chris Warne, on 01760 440 820.

Coming up this Autumn: -

26th September – Monthly Talk – Juyna Lewis - Welcome to Norfolk - A History of Immigrants over the Centuries

24th October – Monthly Talk - The Effects of Climate Change Locally

28th November – Monthly Talk - Paul Weatherill – Shelter Box Project

15th November – Fundraising Quiz Night at Wells Cole Community Centre, Saham Toney

Full details to follow. We look forward to meeting you.

Submitted by - [Maureen Ayling](#) – U3A Secretary

Men's Shed – We care:

Members of our shed have a variety of reasons for being a member.



- Having other male companionship.
- Reducing the feeling of loneliness.
- Meeting up with others.
- A way of making new friends.

Whatever the reason there is plenty of evidence that our shed is making a difference.

It has come to my attention through recent events that there are men in the area who are desperately in need of support and may not always be able to attend our meeting room.

Would any members, who are able, be prepared to visit a vulnerable male once or twice a week at their home? If you feel that you may be able to assist, please contact me and I will give more information.

[Malcolm Trayhorn](#) – Chairman - email: malcolm.trayhorn@gmail.com



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Don't bank on it: The Watton banking hub has moved to 56 High St, Watton



Banking Hub at Wayland House – Opens Monday – Friday 09:00 – 17:00

Mondays **Halifax** - Tuesdays **NatWest** - Wednesdays **HSBC** - Thursdays **Lloyds** - Fridays **Barclays**

Withdraw & Deposit cash – Deposit cheques – Pay utilities – Check balances – Banking advisors Tue - Fri

Note:

Lloyds and Halifax branches in Thetford and the Lloyds branch in Fakenham are due to close in May 2025

UK Men's Shed Association (UKMSA):



To find out more about the UKMSA, type or, cut and paste this line into your address bar. This will take you to the latest issue of 'Shoulder to Shoulder', the UKMSA magazine.

<https://mailchi.mp/ukmsa.org.uk/shoulder-to-shoulder-september-2024?e=7c00b591b8>

Co-op Grant and Membership Prize Draw:



You may remember that the Co-op have chosen us as one of two good causes to receive funding during the year up to October. To ensure we get a good sum of money we ask all Men's Shed members and families to register as a Co-op member. It costs a £1 to join and then when shopping at the Dereham Co-op store or on-line, choose Wayland Men's Shed as your favoured fund.

In addition, every month, 10 Co-op Members will win £500 for themselves and £5,000 for their chosen Local Community Fund cause. Every time you, as a member, spends a minimum of £5 per transaction, each month, you will receive an additional entry into the prize draw, increasing your chance of winning.

Defibrillators:



There are **two** Defibrillators in the Sports Centre. Please make yourself familiar with **both** locations.

The first is located at the far end of the Bowls Club Room.
The second is located just outside the Lounge Bar, just off reception.



Prostate cancer:



Professor Mark Emberton is a world leader on the subject of Prostate cancer. The lecture is available on you tube and well worth a look. It will tell you everything you might want to know. Cut and paste this link into your address bar.

<https://menssheds.org.uk/wellbeing-resource/prostate-cancer/>

Money Helper:



In this age of financial uncertainty, I thought it a good idea to point members in the direction of this website: - www.moneyhelper.org.uk. It is a government backed site covering all aspects of financial advice i.e., support, assistance, and guidance. Have a look and see what you think.



The Shed Journal



Wanted, For Sale & Free Notices:



Do you have an item for sale, for free or are you looking for something in particular? Please feel free to email the editor - bjcoi8@gmail.com with a price, picture, and a brief description along with your contact details. I shall endeavour to list the item here.

Note: All transactions are **strictly** between two parties. WMS does **not** endorse nor guarantee any items sold.



Business & Administration:

Shed opening days and times 2024	
Social Room	Mondays and Wednesdays 09:00 till 12:00
Woodwork Shop	Mondays and Thursdays 09:00 till 12:00
Computer Room	Mondays and Thursdays 09:00 till 12:00

Your elected committee:

Malcolm Trayhorn: Chairman, Social Secretary & Press	Gordon Williams: Vice Chairman	Rob Fielding: Workshop supervisor
Neil Rowe: Secretary & Website	Jeffrey Heath: Tech supervisor	Dave Cooper: Committee Support
John Chamberlin: Treasurer, Memberships & Journal	John Bunning: Tech assistant	

Committee meeting:

The next committee meeting will be on **Wednesday 6th November 2024 at 3pm** in the Sports Centre.

Should any member wish to submit an item for discussion by the committee please email your request direct to the Secretary. *Neil Rowe* - email: neilr101@btinternet.com

Committee note: The minutes of all committee meetings are available for perusal in the minute book at the shed, therefore a draft copy will not be individually distributed to shed members. However, should any member require an e-copy, they may request the same on application to the secretary.

Treasurers Report:

"Nothing new to report. Shed finances remain in excellent shape. We hope to be boosted with a payout next month from the Co-op grant scheme.

Full, yearly & monthly accounts may be examined, and any questions answered upon application to myself."

John Chamberlin – Treasurer – email: bjcoi8@gmail.com

Memberships Report:

"Memberships remain at 87 with no new arrivals. I'm sure that others will hear that our shed is the place to be in Wayland. If you know of anyone who would benefit, then spread the word."

John Chamberlin – Membership Secretary – email: bjcoi8@gmail.com

WMS Website:



Our website address is: www.waylandmensshed.co.uk.

Members are encouraged to visit the site and have a look around. The site is regularly updated and our continued thanks go to Neil Rowe for his ongoing efforts. Constructive comments, suggestions or ideas for improvement and/or potential new content are very welcome. Just approach Neil or any committee member.



The Shed Journal



Health & Safety:



It is important that we know how many members are in attendance. **Please ensure that you visit the Main Hall to sign-in, do not just go to the Workshop/Computer rooms.**

All members have a duty of care for themselves and others whilst on the premises. Should you become aware of any issues please ensure that you inform a committee member at once. All accidents and Incidents should be recorded in the ledgers provided; they're located in the filing cabinet in the workshop.

JOURNAL QUIZ ANSWERS:

1	1988	10	1900	18	1922
2	1954	11	1963	19	1666
3	1965	12	1605	20	1979
4	1971	13	1969	21	1805
5	1963	14	1986	22	1953
6	1967	15	1974	23	1918
7	1982	16	1941	24	1967
8	1851	17	1603	25	1952
9	1984				

Please visit our website: www.waylandmensshed.co.uk which is regularly updated. You can also contact us via email: waylandmensshed@gmail.com

If you wish to make a compliment, complaint, or comment, please feel free to do so. Without constructive feedback it is difficult for the WMS Committee to know if they are meeting member's expectations.

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