



Issue 19

March 2023

Your monthly update on WMS News and Events

Chairman's Foreword:

"At a recent steering group meeting for Norfolk men's sheds it was stated that there are currently 23 sheds in existence in Norfolk with another 7 in the process of setting up. This shows the need for such community groups to allow men to get together for whatever reason applies to them. The majority of these are predominately set up as workshops and cater for a specific group.

Our shed is fairly unique as we not only have a workshop for wood working but also a computer workshop and a separate social room. We have adapted greatly over the last 7 years and now have several subgroups set up, have regular social gatherings, and also have trips out. It was announced by the UK Men's Shed Association that applications are open for "Shed of the Year". The committee feels that we should apply for this award and so I am currently gathering evidence in support of this.

Can I ask if you could please give me a short testimonial as to what the shed means to you. It just needs to be a short paragraph describing how the shed has helped you with your well-being etc. Many thanks in advance, I look forward to your responses."

Malcolm Trayhorn – Chairman - email: malcolm.trayhorn@gmail.com

Editorial: *(Fresh articles needed for publication please)*

"Welcome to issue 19 of "THE SHED JOURNAL".

Please bear in mind that this is your publication and without contributions from members we are in danger of the Journal becoming somewhat staid in its content/presentation. The more of you who contribute the more interesting and diverse we can make it.

Therefore, if you can think of anything interesting or informative to include i.e., Scams, DIY/Gardening tips, good/bad tradesmen, a review of something you purchased or maybe a film, book, or music review. Please feel free to send me your ideas and I will consider them all.

If you come across an interesting article (not too lengthy) then please forward it to me. Members are also welcome and indeed encouraged to contribute small articles themselves (around 300 words with pictures) of days out, holidays, life/work experience, hobbies etc. I'm sure we all have a story to tell.

Note: *Political, Financial and Religious articles will be closely scrutinised before publication. However, defamatory articles will not be published.*

As I am far from infallible, please advise of any errors/typos and feel free to send me your comments, good or bad. I strive to please. If you prefer not to receive 'The Shed Journal' please let me know by return."

John Chamberlin - Editor - email: bjcoi8@gmail.com





Latest News on Shed Facilities and Amenities:

Main Social Room:

“The Main Social Room is where the larger part of our membership congregates to catch up with fellow shedders over a cup of tea/coffee. Groups develop for a game of cards, dominoes, or such like although this is not all that goes on. Other groups may sit chatting about whatever comes up or perhaps read a magazine. All are a friendly bunch and welcome other members to join in the conversation and banter.

After signing in, the Computer and Workshop shedders will drift off to the outbuilding to take up their interests.”

Members are reminded that it is important to come to the social room to sign in and out.

John Chamberlin – Editor

The Carpentry Workshop:

“Unfortunately, there is no workshop update this month. I’m sure you will be bought up to speed next month.”

The Computer Room:

“Hello Fellow Techies

I thought I would include a photo, so you can see the current members of the computer group, can I point out this is not all the computer group members, just those who had attended WMS on the day when photo was taken.

We have had a slight change in the ways we do things, starting Monday 20th March 2023; I am introducing a ‘Learning Day’, which will include having a look around a desktop computer, discussing all the parts, before removing, then replacing hardware with a view to minor repairs, and then finishing with installing an operating system, Windows 10 for example.

For those Shedders who enjoy just dismantling computers, this will happen on a Wednesday or Thursday, so if you wish to take part, you are more than welcome, and let’s see how we can help.

I will try to get a photo of other computer group members next month. So, if you would like to be part of the group (sorry we don’t sing), please come along and say hello.

Till the next time”

Jeff Heath - Computer Group Supervisor - email: jefferyheath2017@yahoo.com



Members of the Computer Group: - Dean Betts, Myself (Jeff Heath) John Bunning, and Nick Clare





Trivia, Quiz & Puzzle corner:

March in history:

1899 - 'Aspirin' patented - The most common household drug, originally made from a willow bark chemical.
 1917 – 2nd Russian Revolution – The Bolsheviks were overthrown; the Imperial Government was placed in power.
 1933 - Franklin D. Roosevelt's inaugural address includes the words "The only thing we have to fear is fear itself".
 1963 - Alcatraz federal penitentiary known as 'The Rock' closes. It housed over 1500 inmates over 3 decades.
 1982 - Falkland War begins - 50 Argentines land at Leith Harbour, on South Georgia, a British colony.

March born into glory or infamy:

1475 - Michelangelo - Painter, sculptor, architect. Best known for his fresco on the ceiling of the 'Sistine Chapel'
 1733 - Joseph Priestly - Scientist and cleric - He discovered oxygen and advanced the theory of Unitarianism.
 1853 - Vincent Van Gogh - Postimpressionist painter. Known for Sunflower paintings. He cut off part of his left ear.
 1874 - Harry Houdini (born Erik Weisz) - Stunt & magic man, also one of the world's most famous escape artists.
 1934 - Yuri Gagarin - Cosmonaut – In 1961 he became the first human in space, his flight lasting 108 minutes.

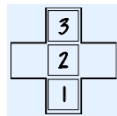
Joke

What can travel around the world but stays in one corner?

Puzzle

Below is a cross-shaped box containing three numbered blocks.

Blocks can only slide one square, no jumps.



Can you reverse them in 8 moves?

Quote:

"In all history there is no war which was not hatched by governments, these governments act alone, independent of the interests of the people, to whom war is always pernicious even when successful" ...

Leo Tolstoy

Proverb:

A goose quill is more dangerous than a lion's claw.

The Six W's Quiz:

When

was the first message sent by morse code?



Who

were the Long-Range Desert Group (LRDG)?

Which

metal are all 'Victoria Crosses' made from?

Where

would be if you could see these monoliths?



What

five countries do the Himalayas abut or cross?

Why

do we celebrate Guy Fawkes night?

Last thoughts:

That's odd: Give the odd one out:

First, Second, Third, Forth, Fifth, Sixth, Seventh

Line up: Give the next in line:

Monica, Erica, Rita, Tina, Sandra, Mary?

MIA: Give the missing item:

Homily, Pod, Hendreary?

"Answers are shown on the last page, please advise of any typos or errors."

John Chamberlin - Editor





The Shed Journal



Social programme:

Our social secretary, Malcolm Trayhorn is very adept at organising an excellent programme of events throughout the year. The fact that many of these end up oversubscribed is a testament to their popularity.

I'm certain however, that Malcolm would greatly appreciate suggestions and ideas for future events and outings from the membership, so please put your thinking caps on for 2023. Suggestions to Malcolm please.

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com

Upcoming events:

Cromer Pier Show

I originally had 40 tickets for the matinee performance of the end of pier show on Friday 14th July. Cost of tickets plus coach fare will be approx. £30 per person. Names to me or on noticeboard please plus a £10 per person deposit. Please check the notice board for remaining seat available.

Thursford Christmas Spectacular

I also originally had 50 tickets for the evening performance on Tuesday 5th December. Cost of tickets plus coach fare will be approx. £50 per person. Names to me or on noticeboard please plus a £10 per person deposit. Please check the noticeboard for remaining seat available.

Christmas Meal

After last year's successful event it is proposed that we go back to Barn Ruche again this year. So, a date for your diary is Thursday 14th December.

Upcoming Social Calendar:

Event	Date	Venue	Time	est. Cost
Cromer Pier Show	Friday 14 th July	Cromer via coach	TBC	est. £30 per head
Thursford Christmas Special	Tuesday 5 th December	Thursford via coach	TBC	est. £50 per head
WMS Christmas Meal	Thursday 14 th December	Barn Ruche	TBC	TBC
OTHER PROBABLE UPCOMING EVENTS/OUTINGS				
Bletchley Park	TBC	Surrey via coach	TBC	TBC
Fakenham Horse Racing	TBC	Fakenham via coach	TBC	TBC
Yarmouth Dogs	TBC	Yarmouth via coach	TBC	TBC
Summer BBQ	TBC	Sports Centre	TBC	TBC
Afternoon Tea Train	TBC	Dereham car share	TBC	TBC
Ten Pin Bowling	TBC	Dereham car share	TBC	TBC

Please see the notice board in the social room for forthcoming events and outings. Some of these have a fixed date and some are proposals. Once I have sufficient interest shown for a trip or event, I will organise a date and book the venue and coach as necessary.

Malcolm Trayhorn - 01953 529531 - email: malcolm.trayhorn@gmail.com

Recent events:

Ten-pin bowling

On Tuesday 21st February 7 members took to the lanes at Strikes bowl in Dereham. A very entertaining time was had by all with two games of bowling plus a break in between games for a snack and a drink. Mark Tindale was the champion of the day, but everyone was in good form and pleased with some great scores. A pleasurable afternoon and all for the grand sum of £8.95 each.



The Shed Journal



Battle Of Britain Memorial Flight outing 28th February 2023 - Coningsby, Lincolnshire, LN4 4SY

A 7 hour round trip, with coach travel, that was thoroughly enjoyed by 22 members/wives/partners/friends.

The last day of February started with an early start for us to catch the coach taking us to RAF Coningsby in Lincolnshire to visit the home of the Battle of Britain Memorial Flight (BBMF). After being checked on board by our "Carer" for the day, Stewart, we had a pleasant journey to RAF Coningsby.

Our guide had served in the RAF for over 40 years flying all sorts of aircraft including the English Electric 'Lightning' which he described as the ultimate sports car! Before going into the hanger, he explained to us that the BBMF was formed in 1957 with the initial aim of saluting the RAF personal who lost their lives during the Second World War and in particular the Battle of Britain.

This was then expanded to include the whole of the RAF's existence including its initial formation called the Royal Flying Corps.



After the introduction we were taken into the hanger where we were able to see mechanics working on the various aircraft. Whilst going around, our guide was able to tell us the histories of each aircraft and some great stories of heroism.

One of the stories I particularly remember was: -



A rear gunner in a Lancaster returning from a mission found the aircraft was on fire behind where he sat. His parachute had been burned to nothing and he could not climb through the hull due to the fire. He decided rather than be burnt to

death he would just jump out of the aircraft with no

parachute. Having made up his mind he was going to die, he jumped out at 18,000 feet, passing out due to lack of oxygen. He came around while lying on the ground after coming down in a forest, the branches broke his fall along with deep snow on the ground.



After capture by the German's, they gave him a certificate stating he had survived bailing out at 18,000 feet without a parachute! He

apparently made a full recovery suffering only a broken ankle and another sprain, that was all.

There were of course other stories which made the day very enjoyable indeed.

The Tour is focused on one very large hangar that houses the majority of the Memorial Flights 10 Warbirds, including a Lancaster, PA474, C-47 Dakota, 6x Spitfires and 2x Hurricanes. All preserved in flying condition.



The tour guides were excellent and very knowledgeable, friendly, approachable. They not only spoke about the aircraft but also the men who flew in them.

We would thoroughly recommend a visit to the BBMF, this as a 'Must Go To' visit. A great day was had by all and our thanks to Stewart for looking after everyone.

<https://raf.mod.uk/display-teams/battle-of-britain-memorial-flight/>

A joint submission by [Neil Rowe & Steward Haile](#)





Member groups:

Editor's note on groups:

Do you have an idea for a similar group? For example: A walking group, book club, cycling club, games group, maybe a common hobby or interest then please email the idea - bjcoi8@gmail.com and I will publish it here.

Such groups will be fully supported by the committee but arranged and run solely by the interested members.

N.B.: A group does not have to be several members; you may just find one other like-minded individual to start with and others may well join you later.

The Music Club:

"We've all been in this situation before. Driving happily along the motorway you see lots of red lights ahead of you as the cars in front start to slow and eventually come to a standstill. What's going on here? Then the traffic alert on the radio bursts into life, proudly announcing a 10-mile tailback on your stretch of road. Ten miles!! Too late to do anything about it now and no immediate prospect of leaving the motorway to find an alternative route.



This is the scenario that music club members were invited to consider at their March get together. Which music track would they play to calm themselves down or gee themselves up in this circumstance? As usual there were a range of selections from opera and military band to jazz and pop.



The top five most popular tracks on the day were as follows:

1. 'Stop! Stop! Stop!' performed by The Hollies. (87 votes)
(Surely the most appropriately named track for a 10-mile jam)
2. 'Supernatural' performed by John Mayal's Blues Breakers. (85 votes)
3. 'The Battle of Britain March' performed by the Central Band of the RAF, (84 Votes)
- 4= 'I Will Survive' performed by Gloria Gaynor. (80 votes)
- 4= 'My Silver Lining' performed by First Aid Kit. (80 votes)

The club is open to all shed members to either bring along their own tracks to play or just to listen to the selections of others. The next listening session will be on 5 April in the back room off the bar (the door next to the pool table). The optional theme for the month is 'Every day I Have the Blues'. There is no additional charge other than the usual £2 shed sub payable in the social room. We are a very friendly group and always are pleased to welcome new members."

Interested? Contact Nigel Potter – Music club lead - email: silveralto@gmail.com

The Shanty Group:

"This month saw a new song added to the Shanty Group's increasing repertoire. 'The Mermaid' is termed a 'fore-bitter shanty'. Rather than being used to accompany and regulate repetitive work (such as hauling ropes) the Mermaid was composed as an entertainment for the crew during their down time spent in the crews' quarters. It tells of the reactions of key members of the crew to being foretold of disaster by a mermaid. Needless to say, the boat sinks in the end and all are lost – but not before we find out how the men viewed their impending fate.

The group is learning a goodly selection of shanties and has risen well to the challenge of introducing harmony lines. Their confidence has grown and, when everything goes just right, the sound they make is impressive. The goal is to become more consistent so as to hit that 'sweet spot' more regularly. At present we rely on John Pepper to accompany us on the guitar and a very good job he makes of it too. It would be really good if we could expand our range of instrumental accompanists. So, if you play an instrument (i.e., fiddle, mandolin, banjo, accordion, keyboard, etc.) and would like to step forward and join our crew please let me know.

The next sessions will be on Monday 3rd April and Wednesday 19th April 2023 in the back room behind the bar starting as soon as possible after 10 o'clock. There is no additional charge other than the usual £2 Shed sub payable in the social room. Why not come along and give it a go? You don't have to be a good singer or read music – you will be made most welcome."

Interested? Contact Nigel Potter – Shanty group lead - email: silveralto@gmail.com



The Shed Journal



The Shutterist's:

Well, what do I know? My forecast last month of warmer weather coming was abysmally wrong... looks like I could after all get a job as a weather forecaster... they too never get it right.

We enter March and I shall not mention the weather, with photographic trips and challenges sitting nicely on our shutter fingers. We are pleased to welcome Mark Tindale who has joined our growing group – Shutterists are now 13 strong.

(1). Group Outings (The Photo Walk):

Kings Lynn – Friday 17th February - Including the Heritage Trail

<https://www.norfolk.gov.uk/-/media/norfolk/downloads/out-and-about/norfolk-trails/nar-valley-way/kings-lynn-historic-town-walk-2-miles.pdf>

An event attended by 7 Shutterists – in two cars (kindly driven by John Pepper and Mark Tindale) we left Queens Hall car park at 10:15. The weather was kind, dry but very cold, so upon arrival an establishment named ‘Cobbles’ beckoned us with coffee and hot sausage rolls. It was already turning into a proper Shutterists outing. Excellent and great stuff.

Example images and their Photographers are as follows: -



Captain George
John Pepper



The place to hang out.
Malcolm Trayhorn



Eli & Phant
Grahame Andrews



From the ground up
Graeme Hale



Another brick in the wall
Wayne Rutter



A Seagull shimmer.
Stewart Haile



Vancouver and his anchors
Mark Tindale

Neil Rowe, who sadly could not make the trip, kindly accepted the honour to judge the outing, and reported;

“Captain George – I liked the subject and in good focus. Great photo.

The Place to Hang Out – Good action shot (shame it wasn't taken from one of the seats!)

Eli and Phant – Another good shot and interesting subject matter

From The Ground Up – Great shot from an interesting angle

Another Brick in The Wall – A very good photo with an interesting angle. Looked good in black & white.

A Seagull Shimmer – I like the effect on the water but it overshadows the seagull.

Vancouver And His Anchors – A nice shot with interesting subject matter.”

*“My choice for best photo is ‘**From the Ground up**’ I liked the angle and the cobblestones in the foreground. Another difficult choice as I thought all the photos had merit and well done to all the photographers.*

Neil”



The Shed Journal



A BIG Congratulations to our winner, Graeme Hale with his shot **'From the Ground Up'**

A different perspective and great photograph - different from all others and trust all of those reading this journal will agree a 'Worthy Winner'.

Graeme will be presented with the Terry Knight Trophy, to hold until the next Trip Winner is announced.

Thank you Neil for Judging the entries and for the comments too!

(2). 2022 - 52 Week Capture Challenge:

Results – watch this space over the coming months.

(3). 2023 – Monthly Challenge:









The 12-month WMS Artistic Challenge takes place as a tribute to Terry Knight, one of our original photo group members who sadly passed away in 2019.

Month 2 – February








The monthly challenge is based on a twelve-letter word.

THE LETTER FOR FEBRUARY WAS THE LETTER: 'M'

8x Members entered with Colour.

1 Mooring 	2 Moody Moon 	3 Merton Snowdrops 	4 It's a match' 
SH	NR	GA	MT
5 Mini figure - Viewing the moon 	6 Many Rivets Maketh a Lancaster 	7 'Mask' 	8 Moody evening over the garden fence 
WR	GH	JCM	JP

And 7x Members entered with B&W

9 Market Cross Place 	10 Moody Misty Morning 	11 Monkey Puzzle 	12 It's a match' 
SH	NR	GA	MT
13 Mini Figure - Finally reunited 	14 Many Rivets Maketh a Lancaster 	15 The moon 	
WR	GH	JP	



AND THE WINNERS ARE: -

AWARDS		TITLE	Creator	Entry	Medium	Month	Letter	% VOTE
GOLD	0	Moody evening over the garden fence	John Pepper	8	Colour	Feb	M	26%
SILVER	9	Mooring	Stewart Haile	1	Colour	Feb	M	17%
SILVER	0	Market Cross Place	Stewart Haile	9	B & W	Feb	M	17%
BRONZE	8	It's a match'	Malcolm Trayhorn	4	Colour	Feb	M	15%

Congratulations to all the Winners – especially **John Pepper** for his winning entry – **'Moody evening over the fence'**

The Stats for this month...

Entries - 8 members Voting - 9 members voted awarding a total of 54 points.

The Winning Photos accounted for 40 Points - 74% of Voting

1x Gold, 2x Silver and 1x Bronze awarded.

SPOT THE DIFFERENCE - I wonder if anyone spotted the one entry which was 'different'.

After taking into account both the January and February Challenges at the end of February... **John Pepper** is **'Top of the League'** with: **1x Gold and 1x Silver**.

The 2023 Monthly Challenge - Aide memoir

The monthly challenge is based on a twelve-letter word that includes different letters - first letter will be January 2nd February, etc... The challenge then is to use that letter for your entry. EG: If it was M, you have free choice of any subject matter that starts with M – Menu, Meal, Motor Car, Mosaic, etc, etc, etc... (Please no entries like 'My Dog, My Car')

WMS Artistic Talent to submit their entry(s) by no later than the 3rd of every month.

Photographers:

Entry(s) can be one colour and / or one black & white – can be different photo or same.

Other mediums:

WMS artistic talent (in other 'Art Forms' such as charcoal sketch, water-colour, acrylic, pottery etc...) choose your medium and enter accordingly.

All members of the Shutterists, whether entered that month or not, get six votes and choose their favourite three entries. Awarding Gold (3 points), Silver (2 Points) and Bronze (1 Point).

Voting closes by the 7th of said month.

Each month the next letter from the 12-letter word will be released.

Entry should be taken or made in that previous month.

Remember though - It's for fun... but it is a challenge.

What's coming up for the Shutterists...

March outing – *The Sea* - Anybody interested – let me know.

More ad-hoc trips (maybe)... watch your inbox and / or the Shed Notice board.

Monthly Challenge – March will be the Letter **'B'**

Presentation by Rob Darts - 'Photography as an artform'

An aide memoir re the WMS Shutterists

As a reminder to all Members, The WMS Shutterists are predominantly an 'Artistic Group', however cameras / pencils / paints are not a pre-requisite for trips out. The Shutterists welcome all fellow members of WMS to come and enjoy our outings. It is generally a good walk in beautiful East Anglia, nearly always with the odd coffee, beer, wine, lunch, dinner thrown in for goodwill.

Join the Shutterists, which is huge fun, and allow those creative juices to flow...

Interested? Contact [Stewart Haile](mailto:Stewart.Haile@shedjournal.com) - Shutterist's group lead - 07775 694099 - email: shaile33@aol.com



The Shed Journal



Car Pub Club:



**Event Number 2 results:
Thursday 2nd March 2023 at 12:30**



Summary

Our second event, but another success. All nine gastrophiles completed our fun scoring matrix.

What is interesting, for those that had attended both events, on the day they felt 'The Dabbling Duck' was slightly better... however when we look at the scores they somewhat differ as 'The Anvil' scores were higher.

Name of Establishment:		The Dabbling Duck, Great Massingham					
Time and Date of Visit:		12:30 on 2nd March 2023					
Number of WMS Members / Partners:		9					
Car Scores	148 out of a possible 180	82.22%					
Pub Scores	236 out of a possible 270				87.41%		
	Enjoyable Drive	Distance & Parking	Menu & Price	Food Quality	Service	Total Average Score	Overall Car Pub Club Rating
Avg Scores	8.3	8.1	7.7	8.7	9.6	42.40	<u>84.80%</u>

The Anvil - Summary of scores

	Enjoyable Drive	Distance & Parking	Menu & Price	Food Quality	Service	Total Average Score	Overall Car Pub Club Rating
Avg Scores	9.1	9.2	9.6	8.7	9.5	46.1	<u>92.20%</u>

Remember a great meal scores a 9 or 10, a bad meal it's a 2 or 3. You can see that the total score is weighted by both the car parameters and the eatery – by definition a 'Car Pub Club'.

A special mention goes to those drivers of the day... we just couldn't do it without you

HERES LOOKING FORWARD TO EVENT 3...



The Shed Journal



Event Number 3: Thursday 6th April 2023 at 12:30

Following the tied vote for our March outing, between 'The Dabbling Duck' and 'The Recruiting Sergeant', I propose to honour the voting and therefore offer 'The Recruiting Sergeant' as the venue for Event 3. Until I have an indication of people wishing to attend – the booking with the venue is not yet confirmed.

Venue	The Recruiting Sergeant (Pub)
Address	Horstead NR12 7EE
Return Mileage to Watton	60 Miles
Typical cost for main course	£ 20

If you would like to attend, please let me know the following **before 21st March.**

Name - Number of people - If you wish to Car Share

Please also see WMS Noticeboard in the Social Room

Link to Sample menu is here: -

<https://www.recruitingsergeant.co.uk/media/Recruiting-Sergeant-Menu-3rd-March.pdf>

NOTE: The above is based on The Recruiting Sergeant accepting our final booking

Interested? Contact [Stewart Haile](#) - Car Pub Club lead - 07775 694099 - email: shaile33@aol.com



Other News, Notices, Events & Interesting Articles:

Remembering:

Angela Lavers the wife of Martin and sister of Robin Trewartha who passed away recently and whose funeral was on Monday 27th February **and** Brian Pugh, a shed member, who also sadly passed away recently and whose funeral took place on Tuesday 28th February.

A thank you from Robin Trewartha & Martin Lavers

Angel Lavers, passed away on Saturday, 18th February 2023. As you may know, she was the wife of Martin Lavers, a member of the Mens Shed. Some of us will remember his absorbing talk to the Mens Shed focusing on his career in civil engineering.

John Chamberlin and Malcolm Trayhorn both represented the Men's Shed at Angela's funeral. This service was held on Monday, 27th February at 11 a.m. at Woodrising Church. Those of you who know the family will be aware that the Lavers lived at The Old Rectory, immediately adjacent to that Church, from the 1960's. Their children, Claire, and Peter had a settled and secure upbringing in that home for decades. Both made an important contribution to the service; an emotional and impactful event for all those who attended. There was standing room only in the church.

I am aware that the Committee is sensitive to the **families** of members, not just the members themselves. I wanted you to know that this commitment is appreciated by the Trewartha/Lavers families; and many others, I am sure. The extra mile you are willing to walk (literally, if the parking problem was anything to go by) is a characteristic of a committee, and its leadership, that offering so much to Mens Shed members.

Submitted by [Robin Trewartha](#) on behalf of and in conjunction with [Martin Lavers](#)



The Shed Journal



Traders:

This regular section (if populated) will list traders that you can either recommend using or to avoid based on the overall experience. Please send me a short description of traders that you have used including the headings below, stating why you either recommend them or not. email bjcoi8@gmail.com

I shall list a proportion of them here for 3 months before letting them drop off the list. **i.e.**

Name	Profession	Pricing	Reliability	Quality	Notes/Pros & Cons
Hingham Plumbing & Heating	Plumber	Fair	Very good	Outstanding	High quality work, completed on time, friendly and cleaned the site and work guaranteed. John Chamberlin

MoneyHelper:

In this age of financial uncertainty, I thought it a good idea to point members in the direction of this website: - www.moneyhelper.org.uk. It is a government backed site covering all aspects of financial advice i.e., support, assistance, and guidance. Have a look and see what you think.

First Aid Courses:

We are arranging for 2-hour workshops for members in the near future. These courses will be run by the British Red Cross, and we would like as many members as possible to attend one of these workshops. See the notice for more information on what will be covered. All the technical/clinical language has been removed to ensure that it is easy to learn and easy to remember in an emergency.

Royal Mail Stamps:

A notice that 1st and 2nd class stamp prices are due to increase from **3rd April 2023**. 1st class to £1.10p – 2nd class to 75p. If you use a lot of stamps, then stock up now.

WMS Local Community Assistance Fund:

This is a fund of up to £500 per annum raised from specific fund-raising events such as Quiz & Chip nights and will **not** be from our main funds. It will be up to the membership to suggest worthy local causes, so if you have a proposal, it should be submitted to the committee for consideration.

NOTE We have all but reached our limit for the 2022/23 shed year.



WMS Website:

Our website address is: www.waylandmensshed.co.uk.

Members are encouraged to visit the site and have a look around. The site is continually undergoing updates and our continued thanks go to Neil Rowe for his efforts. Constructive comments, suggestions or ideas for improvement and potential new content are very welcome. Just approach Neil or any committee member.



UK Men's Shed Association (UKMSA):

If you want to know more about the UKMSA, **type** or, **cut and paste** this link into your address bar. <https://mailchi.mp/9864d9f4ae67/shoulder-to-shoulder-june-15550677?e=a370dbe526>



Facebook:

WMS has a group page – currently with around 17 members:
www.facebook.com/groups/5797251266956413

Note: The above page should not be confused with a similar page, this was an earlier iteration from the days of our formation, this legacy page is **NOT** updated by the Men's Shed (**Please use the above link**).





The Shed Journal



Business, Administration & Housekeeping matters:

Shed Opening Times 2023:

Social Room - Mondays and Wednesdays 09:00 till 12:00.

Woodwork Shop - Mondays and Thursdays 09:00 till 12:00.

Computer Room - Mondays 09:00 to 12:00 - Thursdays 09:00 till 12:30.

Treasurers Report:

"I can reaffirm that the shed finances remain firmly in the black. At the risk of repeating myself, the committee again thank you for your continued support, without you all there would be no shed.

Full, yearly & monthly accounts may be examined, and any questions answered upon application to myself."

John Chamberlin – Treasurer – email: bjcoi8@gmail.com

Memberships Report:

"Memberships now stand at 75! That's living proof that we are definitely THE place for men in Wayland. Please continue to spread the word to friends, neighbours & colleagues"

John Chamberlin – Membership Secretary – email: bjcoi8@gmail.com

Your committee:

Malcolm Trayhorn: Chairman, Social Sec & Press	Gordon Williams: Vice Chairman	Jeffrey Heath: Tech supervisor
Stuart Haile: Secretary	Richard Adams: Workshop Supervisor	John Bunning: Tech assistant
John Chamberlin: Treasurer, Memberships & Journal		

Committee meeting:

Next committee meeting is on Wednesday 5th April 2023 at 3pm in the Sports Centre.

Should any member wish to submit an item for discussion by the Committee please email your request direct to the Chairman. *Malcolm Trayhorn* - email: malcolm.trayhorn@gmail.com

The meeting welcomes 'observers' from the membership, they can submit questions and/or signal their wish to attend to the secretary no later than Thursday 30th March 2023. *Stewart Haile* - email: shaile33@aol.com

Committee note:

As the full meeting minutes are available for perusal in the minute book at the shed, a draft copy will not be individually distributed to shed members. However, should any member require an e-copy, they may request the same on application to the secretary.

Housekeeping:

Please assist other members and the committee by keeping the shed tidy and helping with general chores.

Health & Safety:

It is important that we know how many members are in attendance at all times. **Please ensure that you visit the Main Hall to sign-in and out, do not just go to the Workshop/Computer rooms.**

All members have a duty of care for themselves and others whilst on the premises. Should you become aware of any issues please ensure that you inform a committee member at once. All accidents and Incidents should be recorded in the ledgers provided; they are located in the filing cabinet in the workshop.





Wanted, For Sale & Free Notices:

Do you have an item for sale, for free or are you looking for something in particular? Please feel free to email the editor - bjcoi8@gmail.com with a price, picture, also include a brief description of the item along with your contact details. I shall endeavour to list the item here.

Note: All transactions are **strictly** between two parties. WMS does **not** endorse nor guarantee any items sold.

Wanted:

Goblin Teas Maid set.
Or spares required i.e., kettle in working order etc.
Please contact: [Jezz Hookham](mailto:JezzHookham@btinternet.com)
JezzHookham@btinternet.com

Free:

4 drawer metal filing cabinets.
The Wayland Partnership has several of these, free to a good home. Just contact below and say you are Men's Shed. Self-collection.
Please contact: [Amanda Moffett](mailto:amanda@wayland.co.uk)
01953 880204
amanda@wayland.co.uk

Wanted:

Does any member have any offcuts of 15mm or 22mm copper piping? Lengths of 6" or greater please. I make numbered plant labels from them.
Please contact: [John Chamberlin](mailto:bjcoi8@gmail.com)
01953 886892 – 07886 655713
bjcoi8@gmail.com



Solutions:

Joke: A postage stamp! 🤔🤔🤔

Puzzle: →



- Who?** The LRDG was a desert reconnaissance and raiding unit of the British Army during WW2.
- Where?** Easter Island. Called 'Moai' they are monolithic human figures carved between the years 1250 and 1500.
- Why?** Robert Catesby and conspirators planned to blow up Parliament in the Gunpowder Plot of 1605.
- When?** May 24, 1844. Sent by Samuel F.B. Morse, the message said: "What hath God wrought?"
- Which?** Bronze. From Russian cannons captured at Sebastopol during the Crimean War 1853-1856.
- What?** Bhutan, India, Nepal, China, and Pakistan. Everest being the highest peak at just over 29,000 feet.
- That's odd:** Forth. It is the only one spelled incorrectly in the context of written numbers (Fourth not Forth).
- Next in line:** Jessica. The 7 girls in the 'Mambo N° 5' chorus. Written and recorded in 1949 by Dámaso Pérez Prado.
- MIA:** Arrietty. These are the main characters from 'The Borrowers' book series.

Please visit our website: www.waylandmensshed.co.uk which is regularly updated.

You can also contact us via email: waylandmensshed@gmail.com

If you wish to make a compliment, complaint, or comment, please feel free to do so. Without constructive feedback it is very difficult for the WMS Committee to know if they are meeting member's expectations.

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